

Language and literacy skills

- Use complete sentences to express ideas, needs, wants
- Take turns in conversation- speaking and listening
- Greet others
- Use manners - e.g. please, thank you
- Say name when asked
- Recognise first and last name
- Name the letters in first name
- Aware of alphabet (songs, puzzles)
- Aware of phonemes (sounds) in words
- Read books regularly with an adult, talking about characters, problems, events
- Notice environmental print - signs, shopping posters etc

Maths and numeracy skills

- Aware of numbers in the environment, e.g. house number, speed signs.
- Use numbers in everyday life e.g. sharing items, counting objects (to 5 then 10)
- Number songs, rhymes and games
- Sort numbers and letters

Pen and Paper skills

- Write first name
- Draw lines, circles, and recognisable pictures
- Add more detail to pictures (with prompting)
- Independently use glue stick and scissors

Gross Motor skills and coordination

- Climb and negotiate play equipment
- Core strength - physical play, monkey bars, pulling self onto beds, lounges
- Sit with legs crossed
- Throw and catch a ball (large to small)
- Move in different ways - run, walk, hop, skip, gallop

Social Skills

- Take turns during games
- Win and lose well
- Follow rules and boundaries
- Share space, time, resources
- Wait for a turn, or for adult help and attention
- Help with home routines e.g. getting ready for dinner

Emotional Skills

- Talk about feelings and name them (books, real life)
- Express how they are feeling
- Identify feelings in others (books - discuss body cues, facial expressions)
- Know and use strategies for calming or self-regulation
- Accept natural consequences

Confidence and Resilience

- Take a risk - willing to try something new or unknown
- Answer questions asked to a group
- Join in games others are playing
- Accept not finishing an activity and needing to stop and come back later
- Cope with change or when things are different
- Attempt to solve problems independently
- Cope with not getting things right, know that making a mistake is learning

Self-help skills (School context)

- Choose what to eat for snack and lunch
- Open and close water bottle, lunch box, school bag
- Pack belongings into school bag
- Carry own school bag
- Walk independently carrying school bag
- Wear uniform, shoes and socks
- Put on and take off shoes and socks independently
- Manage clothes for toileting
- Independent toileting
- Wash and dry hands
- Blow nose independently

General learning behaviours (School context)

- Accept adult direction
- Accept limitations on activities or play
- Follow two or three instructions at a time
- Focus on one activity for 10 - 15 minutes
- Sit and listen to a story until completion
- Answer questions about the story
- Listen to peers and retell what was heard
- Complete tasks independently without an adult or peer
- Pack away after an activity